



WONDER FACE

CLINICAL EVALUATION REPORT

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Dr. Dec Barbara
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Introduction

At our clinic, we specialize in aesthetic medicine, and our team has had the opportunity to utilize various advanced devices designed to enhance facial muscle toning, improve skin texture, and achieve overall facial rejuvenation. Among these devices, WonderFace has distinguished itself due to its unique combination of neuromuscular stimulation and bipolar radiofrequency, which allows us to target multiple facial areas simultaneously.

This report outlines our clinical experience with WonderFace, focusing on the device's technological aspects, treatment protocols, observed side effects, and the resulting outcomes.

Patient Demographics

Between April and July, our team treated 33 patients using the WonderFace device. The patient demographics were as follows:

- **Gender:** 4 men and 29 women
- **Age Range:** 35-45 years
- **Average Age:** 40 years

These patients were carefully selected based on their interest in non-invasive facial rejuvenation. Each patient presented with concerns such as facial sagging, wrinkles, and overall skin laxity, making them ideal candidates for WonderFace treatments.

Technological Overview of WonderFace

The WonderFace device incorporates an advanced combination of neuromuscular stimulation and bipolar radiofrequency, targeting facial muscles and skin at multiple levels.

Treatment Protocol

Each patient underwent a series of 1 to 4 sessions, depending on their specific needs and desired outcomes. The treatments were conducted once a week, allowing for optimal muscle recovery and tissue regeneration between sessions. All patients were treated using the lifting program available on the WonderFace device, which is designed to stimulate facial muscles, enhance tone, and reduce the appearance of wrinkles.

Areas Treated

The WonderFace device is uniquely capable of working on three key facial areas simultaneously:

- **Forehead:** Targeting the frontalis muscle to lift the eyebrows and smooth forehead wrinkles.
- **Zygomatic Region (Cheekbones):** Focusing on the zygomaticus major and minor muscles to enhance cheek volume and lift sagging skin.
- **Submental Area (Chin and Jawline):** Addressing the platysma muscle to tighten the jawline, reduce "jowls," and improve chin definition.

Effects and Benefits

The use of the WonderFace device in our clinic has produced the following benefits for our patients:

- **Facial Muscle Restructuring:** The neuromuscular stimulation helps in restructuring facial muscles, leading to a more defined and toned appearance.
- **Cheek and Periorbital Elevation:** The lifting effect on the cheekbones and periorbital region contributes to a more youthful and lifted facial contour.
- **Skin Texture Improvement:** The combination of radiofrequency and neuromuscular stimulation enhances skin texture, making it smoother and more refined.
- **Full-Face Skin Tightening:** The device effectively tightens the skin across the entire face, reducing sagging and improving overall skin elasticity.
- **Submaxillary Region Treatment and Lymphatic Drainage:** The targeted treatment of the submaxillary region not only lifts and tones the area but also promotes lymphatic drainage, reducing puffiness and improving facial contours.
- **Therapeutic Treatment of Irregularities and Paralysis:** WonderFace has shown potential in treating facial irregularities and mild cases of paralysis, offering therapeutic benefits beyond aesthetic enhancement.

Treatment Outcomes

At the conclusion of the treatment sessions, we assessed the results based on age-specific improvements in various facial regions:

1. Age Group 25-35 Years:

- **Improvement:** This age group showed an overall improvement of 30%. The results were primarily observed in subtle lifting and enhanced skin texture.

2. Age Group 35-50 Years:

- **Improvement in Lifting Cheeks:** A noticeable improvement in the lifting of the cheeks was observed, contributing to a more youthful facial contour.
- **Reduction of Facial Wrinkles:** There was a significant reduction in facial wrinkles, particularly around the eyes and mouth.
- **Eyebrow Lifting:** Patients exhibited a pronounced lift in the eyebrow area, enhancing the appearance of the upper face.
- **Reduction in "Hamsters" (Jowls) and Chin Size:** The treatments resulted in smaller "hamsters" (jowls) and a more refined chin, contributing to a sharper jawline and overall facial slimming.
- **Overall Improvement:** In this age group, there was a 50% improvement in the targeted areas, demonstrating the efficacy of the WonderFace device in addressing more pronounced signs of aging.

Conclusion

Our experience with the WonderFace device has been largely positive, with clear evidence of its effectiveness in facial muscle toning, skin rejuvenation, and overall facial enhancement. While some patients did experience mild allergic reactions, the overall satisfaction and visible improvements in facial contour and skin texture underscore the device's value in aesthetic treatments.

Moving forward, we recommend further studies to refine treatment protocols and minimize side effects. Additionally, we believe that patient selection criteria can be optimized to ensure that those with sensitive skin or a history of allergic reactions are adequately prepared and monitored during treatment.

This experience reinforces our confidence in the potential of non-invasive devices like WonderFace to deliver meaningful aesthetic enhancements, offering patients a safe and effective alternative to more invasive procedures. We look forward to continuing to explore the capabilities of WonderFace and other advanced technologies in our pursuit of excellence in aesthetic medicine.

Dr. Barbara Dec

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Education

- Doctor of Medicine (Lekarz) – Completed in Poland
- Advanced Training in:
 - Aesthetic Medicine
 - Laser Dermatology
 - Non-Surgical Rejuvenation Techniques

Professional Memberships

- Member of national and European societies for aesthetic and anti-aging medicine
- Active participant in continuing education programs and clinical workshops
- Contributor to professional training initiatives, including foundational and advanced MasterClass sessions

Dr. Barbara Dec is a Polish physician specializing in aesthetic medicine and laser-based skin therapies. With over 15 years of clinical experience, she has developed a reputation for precision and innovation in non-invasive rejuvenation. Her education in Poland was complemented by advanced training in laser dermatology and aesthetic protocols, allowing her to offer treatments that improve skin texture, tone, and elasticity. As the founder of DEC Clinic in Gdańsk, she leads a multidisciplinary team focused on personalized care and evidence-based results. Dr. Dec is actively involved in professional education, hosting training programs and contributing to the advancement of aesthetic standards across Europe. Her clinical philosophy emphasizes safety, natural outcomes, and continuous improvement through scientific learning.

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Comments on the Use of WonderFace Technology in Facial Rejuvenation Treatments through Muscle Development.

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In my daily practice as an aesthetic professional, technological innovation is a fundamental pillar to offer safe and effective treatments that meet my patients' expectations. Recently, I integrated WonderFace into the facial rejuvenation and lifting treatments we offer at our clinic. I would like to share my experiences with this equipment, as well as the results we have obtained in a specific group of patients.

I. Functionality of WonderFace: A Dual Technology

WonderFace represents a significant advancement in the field of aesthetic medicine, combining high-intensity Neurostimulation with Radiofrequency (RF). This device works on two fronts simultaneously: on the one hand, Neurostimulation focuses on toning and strengthening facial muscles, vital for maintaining the structure and definition of the face; on the other hand, RF stimulates collagen and elastin production in the deep layers of the skin, key elements for skin firmness and elasticity.

The treatment process with WonderFace is simple and non-invasive, allowing patients to continue their daily lives without recovery time. Additionally, the ability to adjust the intensity of Neurostimulation and RF independently for different areas of the face allows treatments to be customized according to the specific needs of each patient, thereby optimizing results.

II. Treatment Results: A Visible Transformation

We treated a group of 20 women, all aged between 45 and 55 years, who underwent a facial lifting program using WonderFace. Each patient received four treatment sessions, performed weekly.

Below, I detail the observed results and the improvements experienced by the patients:

A. Reduction of Wrinkles

One of the aspects of WonderFace is its ability to significantly reduce wrinkles. In this group of patients, all reported a reduction of more than 20% of facial wrinkles. This improvement was particularly noticeable in areas such as the forehead and nasolabial lines, where wrinkles tend to be more pronounced due to aging and loss of skin elasticity.

The reduction in wrinkle depth not only improved aesthetic appearance but also had a positive impact on the patients' self-perception and confidence.

B. Improvement in Muscle Tone and Lifting Effect

In addition to wrinkle reduction, the muscle toning provided by WonderFace is fundamental to achieving effective facial lifting. Most patients noticed a considerable improvement in the muscle tone of their face, which translated into a firmer, more lifted appearance. This muscle toning not only contributes to the immediate facial lifting but also helps maintain long-term results. By strengthening facial muscles, WonderFace not only combats current sagging but also prevents future signs of aging, offering a sustainable and lasting solution for facial rejuvenation.

C. General Aesthetic Results

The patients also noticed an overall improvement in the quality of their skin, with a smoother and more even texture. The collagen and elastin stimulation resulting from RF application helped restore lost elasticity, contributing to a younger and more vibrant face. This improvement in skin quality perfectly complements the lifting provided by muscle toning, achieving a complete facial transformation.

D. Patient Satisfaction and Emotional Well-being

The positive impact of WonderFace on patient satisfaction was evident. All patients expressed a high degree of satisfaction with the results obtained, not only for the aesthetic improvement but also for the increase in self-confidence. For many, seeing a younger and revitalized version of themselves in the mirror was a transformative experience. This increase in self-esteem and emotional well-being is a crucial aspect of the success of any aesthetic treatment, and WonderFace has proven to be an effective tool in achieving it.

E. Side Effects and Treatment Management

While the results were generally very positive, some minor side effects were also observed, which are important to mention:

- **Mild Superficial Burns:** One patient experienced mild superficial burns, likely due to specific skin sensitivity. This side effect was quickly treated and resolved without further complications.
- **Transient Erythema:** Three patients presented with temporary redness (erythema) in the treated areas. These erythemas disappeared within a few hours and did not cause significant discomfort.

The average intensity used during the sessions was 22 for Neurostimulation and 45 for RF. At these intensities, the treatment was painless for most patients.

However, I noticed that when the Neurostimulation intensity exceeds level 23, some patients may experience slight discomfort. This aspect is easily manageable by adjusting the intensity according to the individual tolerance of each patient, ensuring a comfortable and pleasant treatment experience.

Conclusion

WonderFace has proven to be a valuable addition to facial rejuvenation treatments in my practice. The combination of muscle toning and collagen and elastin stimulation provides a comprehensive approach to facial rejuvenation, with visible and long-lasting results. The improvements observed in wrinkle reduction, facial lifting, and overall skin quality have exceeded both my patients and my expectations.

The positive experience of my patients, combined with minimal side effects and the ability to customize each treatment, confirms that WonderFace is a powerful tool for any aesthetic physician looking to offer superior results. I will continue to use WonderFace in my clinic and closely monitor the long-term results, confident that this device will continue to deliver remarkable facial transformations and high patient satisfaction.

Dr. Jennifer Lea Wise, D.C.

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Naperville, Illinois, US

Education Doctor of Chiropractic, Palmer College of Chiropractic – Davenport, Iowa (2000)
Undergraduate Studies in Exercise Physiology and Nutrition, Pennsylvania State University

Professional Memberships

American Chiropractic

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Regional networks focused on integrative wellness and non-invasive aesthetic medicine

Dr. Jennifer Wise is a licensed chiropractic physician and aesthetic medicine practitioner based in Naperville, Illinois. With over two decades of clinical experience, she has built a reputation for blending therapeutic care with cosmetic enhancement through evidence-based protocols. Her academic foundation in physiology and nutrition informs a holistic approach to patient wellness, emphasizing both internal function and external rejuvenation.

She is the founder and clinical director of two wellness-focused practices in Naperville, where she leads multidisciplinary teams offering advanced treatments for musculoskeletal rehabilitation, skin health, and body contouring. Her protocols prioritize personalized care, combining manual therapy, energy-based modalities, and aesthetic technologies within a medically supervised environment.

Dr. Wise's practice philosophy centers on integrative healing, patient education, and the use of non-invasive tools to achieve transformative results. Her leadership continues to position her clinics as destinations for individuals seeking comprehensive wellness supported by clinical rigor and compassionate care.

Facial Harmonization and Deep Restructuring through Facial Muscle Toning: A Perspective Article

Author: Dr. Philippe Compere
Allesthetic Clinic, Namur, Belgium

I. Introduction

Non-invasive treatments, free from needles and recovery times, may very well become the next revolution in facial correction procedures. With WonderFace, high-intensity neurostimulation energies and radiofrequency are administered simultaneously through advanced facial electrodes, specifically targeting muscles within the superficial musculoaponeurotic system (SMAS) layer.

This targeted approach enhances facial lifting capabilities while the simultaneous radiofrequency application induces a tightening effect. The result is an entirely new paradigm in the quest to restore a more youthful appearance.

One of the key advantages of WonderFace lies in its ability to function effectively regardless of age, race, or skin type. No matter how aging has affected facial musculature or skin quality, WonderFace is designed to address it. The ability to independently control energy delivery to different areas of the face is a particular benefit, allowing for highly personalized treatment.

Consequently, significant improvements in facial firmness, elasticity, and symmetry are achieved, contributing to positive changes in facial architecture and a more youthful, harmonious appearance.

WonderFace is a device specifically designed to counteract facial sagging and skin laxity, offering a superior alternative for those seeking facial enhancement without undergoing surgical procedures. This innovative technology is based on a revolutionary concept that attributes skin aging to muscle atrophy and the disconnection between muscle layers and the skin.

II. Facial Muscle Toning and Harmonization

WonderFace contributes to facial harmonization through various mechanisms that work in concert to enhance both the underlying structure and the external appearance of the face. The following key aspects highlight how WonderFace effectively aids in achieving facial harmonization:

1. **Facial Muscle Toning**

WonderFace employs neuromuscular emissions to stimulate and tone specific facial muscles such as the frontalis, zygomaticus, and platysma. This is crucial because well-toned musculature supports facial structure, elevating and defining facial contours, thereby improving facial symmetry and proportion.

2. **Reduction of Sagging**

Overtime, facial muscles tend to weaken and the skin loses elasticity, leading to sagging and a less defined facial contour. WonderFace addresses this issue by strengthening the muscles and enhancing their tone, which helps lift sagging areas like the cheeks and jawline, promoting a more youthful and balanced appearance.

Stimulation of Collagen and Elastin

3. WonderFace's bipolar radiofrequency technology stimulates the production of collagen and elastin in the deeper layers of the skin. These proteins are essential for maintaining skin firmness and elasticity. By boosting their production, WonderFace contributes to smoother, firmer skin, reducing wrinkles and improving overall facial texture.

Improvement of Blood Circulation

4. The heat generated by the radiofrequency also improves blood circulation and oxygenation of facial tissues. This not only results in more radiant skin but also contributes to overall skin health, which is essential for maintaining a balanced and harmonious appearance.

Natural Filling of Hollow Areas

5. As we age, the face loses volume in certain areas, which can lead to a disproportionate appearance. WonderFace naturally helps fill these areas by toning the underlying muscles and improving structural support, resulting in a fuller, more youthful face.

Elevation of Key Features

6. WonderFace is particularly effective in elevating key facial features such as the eyebrows and cheekbones, enhancing facial symmetry and overall harmony. This non-invasive lifting effect is one of the reasons why WonderFace is a powerful tool for facial harmonization.

In summary, WonderFace aids in facial harmonization by comprehensively working on facial muscles, skin, and the underlying facial structure. By improving muscle tone, stimulating collagen and elastin production, and promoting better circulation, WonderFace contributes to a more balanced, symmetrical, and youthful face.

III. The Importance of Facial Muscle Toning for Aesthetic Medicine

Historically, aesthetic medicine has primarily focused on skin treatments. However, WonderFace shifts the attention to the underlying musculature, recognizing its crucial role in several essential functions:

- **Revitalization of Emotional Expressions:** Facial muscles are essential for expressing a wide range of emotions, such as joy, sadness, anger, and surprise. These muscles are fundamental to non-verbal communication and social interactions. Treatment with WonderFace creates a lateral eyebrow lift that reduces

wrinkles and provides better overall facial support. Flaccid facial tissues are firmed with increased muscle tone and structural support.

- **Enhancement of Facial Features:** Well-toned facial muscles improve the definition of features. While skin laxity diminishes overall appearance, an increase in facial muscle mass results in tightening and texture improvement. For example, exercising the zygomaticus major muscle can lift the corners of the mouth, enhancing the smile. During a treatment session, neurostimulation emissions generate 1500 pulses per session, thoroughly stimulating delicate muscles, specifically the frontalis, zygomaticus major and minor, and submandibular muscles.
- **Stimulation of Collagen and Elastin:** WonderFace's bipolar radiofrequency technology stimulates the natural production of collagen and elastin, maintaining skin firmness and elasticity, and reducing the appearance of fine lines and wrinkles.
- **Treatment of Bruxism:** The comprehensive muscle relaxation provided by WonderFace helps alleviate bruxism, promoting a more vital and healthy facial expression.

IV. Review of the Technology Behind the Treatment

WonderFace integrates powerful bipolar radiofrequency across the face with synchronized neuromuscular emissions, achieving impressive results without pain or surgical intervention. The treatment requires no prior or post-preparation (only basic skin cleansing).

The device's emissions include:

- **Inductive Bipolar Radiofrequency Emission:** This technology generates controlled heat (42-44°C) in the deeper layers of the skin, stimulating collagen and elastin production. Multi-use electrodes focus the energy flow, making it ideal for treating fine wrinkles and expression lines.
- **Neuromuscular Emissions:** These emissions directly target facial muscles, toning them and improving their firmness. During a 25-minute session, WonderFace induces 1500 muscle contractions.

The treatment experience is both pleasant and rewarding, offering numerous benefits:

- **Natural Filling of Hollow Areas:** Neuromuscular emissions tone facial muscles, particularly in areas like the zygomatics, forehead, and platysma (double chin).
- **Deep Facial Rejuvenation:** By stimulating collagen and elastin production, WonderFace improves skin texture and firmness. It penetrates up to 2 centimeters deep, restoring muscle tone, essential facial functions, and elevating the cheekbones for a youthful effect.

- **Improvement of Circulation:** The heat generated by radiofrequency enhances blood circulation, resulting in radiant skin.

V. Conclusions

Facial muscle toning is a safe treatment with no recovery time, harnessing the energy of radiofrequency to revitalize the skin and the energy of neurostimulation for muscle development.

WonderFace stands out as a unique method for facial muscle toning. By synchronizing high-intensity neuromuscular technology with radiofrequency, it focuses on rejuvenating and improving skin appearance.

Neuromuscular emissions tone the muscles of the forehead, cheeks, and chin, while radiofrequency heats the deeper layers of the skin, stimulating collagen and elastin production. This dual approach offers benefits such as firmer skin, reduced wrinkles, improved blood circulation, and more defined facial contours.

WonderFace results become visible after the first 2-3 sessions, although individual variations exist. Typically, a treatment cycle includes an intensive phase (two sessions per week) followed by a consolidation phase (one session per week).

The treatment also attracts men, a group traditionally hesitant about aesthetic medicine and injectables in particular. Men often avoid needles and cosmetic procedures, but so far, WonderFace has been a success among them. They prefer lighter treatments that do not give the impression of having undergone anything invasive. They opt for less pain and fewer complications, non-ablative and less invasive, but they also experience sagging, which they dislike just as much as women do.

WonderFace offers men a non-invasive, easy, complication-free treatment with no downtime, providing a more youthful appearance in a way that looks and feels masculine. They appreciate the sensation, the definition in the cheeks, and the feeling of restored structural support in the face. It's exactly as if the face has gone to the gym and started lifting weights.

Dr. Philippe Compere

Lead Practitioner – Private
Aesthetic Practice Namur, Belgium

Education

- Medical Degree – Completed in Belgium
- Postgraduate Specialization in:
 - Aesthetic and Anti-Aging Medicine
 - Non-Invasive Facial Harmonization
 - Regenerative and Energy-Based Therapies

Memberships in Clinical and Professional Bodies

- Member, European societies dedicated to aesthetic medicine and medical innovation
- Active participant in continuing medical education and clinical protocol development
- Contributor to professional forums on non-surgical facial rejuvenation

Professional Experience

- Founder and Lead Practitioner, Private Aesthetic Clinic in Namur
- Over a decade of experience in:
 - Facial muscle toning and deep tissue restructuring
 - Personalized aesthetic protocols using non-invasive technologies
 - Integrative approaches to facial symmetry and skin elasticity

Clinical Focus

- Development of energy-based treatments for facial architecture
- Evidence-based aesthetic medicine with emphasis on safety and precision
- Patient-centered care with tailored rejuvenation strategies

Dr. Philippe Compere received his medical education in Belgium, where he completed his foundational training in general medicine before specializing in aesthetic and anti-aging medicine. His postgraduate studies focused on non-invasive facial harmonization techniques, energy-based therapies, and regenerative protocols that enhance facial structure and skin quality. He is an active member of several European clinical bodies dedicated to aesthetic medicine and medical innovation. These affiliations support his ongoing engagement with the latest research, clinical standards, and ethical practices in the field. Through his memberships, Dr. Compere contributes to the advancement of safe, evidence-based aesthetic procedures and maintains a strong commitment to continuing medical education.

Approach to Face Lifting and Tightening Treatments with the WonderFace Facial Muscle Toning Device

Elizabeth García Bonome MD
Santa Cruz de Tenerife, Spain.

The innovative WonderFace aesthetic medical device is revolutionizing how aesthetic physicians address facial aging signs in our clinic. Previously, neuromodulators or dermal fillers, which paralyze or add volume, were the first choice for treating mid-face volume loss, drooping eyelids, and nasolabial folds.

Now, with WonderFace, we can naturally address the underlying causes of aging by strengthening the lifting muscles and improving the muscle structure's density and quality, providing a natural and lasting lift.

Aesthetic medicine professionals who have incorporated WonderFace into their practice confirm that the treatment benefits last several months after its conclusion. WonderFace is establishing itself as a non-surgical and effective alternative to more invasive facial rejuvenation methods, extremely valuable as many patients, particularly men, are reluctant towards injectable treatments. WonderFace's popularity among these patients underscores its acceptance as a natural and less invasive solution.

This device not only reduces the need for more aggressive interventions but also delivers compelling results that meet our patients' expectations, positioning WonderFace as the preferred option for those looking to avoid injectable treatments.

Typically, we recommend between 8 and 10 WonderFace sessions, with two sessions per week. During this period, we conduct periodic reviews to discuss patient expectations and evaluate results. From the first sessions, the reduction of nasolabial folds and increased volume in the mid-face area are noticeable. As the treatment progresses, these benefits intensify, with a significant eyebrow lift and an opening of the gaze observed after the fourth session, demonstrating significant restructuring of the facial architecture.

The powerful radiofrequency applied across the face improves static forehead lines and the overall skin quality. WonderFace is the first device to simultaneously apply Bipolar Radiofrequency and high-intensity Neurostimulation to the face, reducing facial aging effects as demonstrated by clinical studies. Patients completing an 8 to 12 session treatment can expect up to a 20% reduction in facial wrinkles and up to a 25% increase in muscle tone.

Additionally, WonderFace offers a non-invasive, needle-free, and painless procedure, allowing some patients even to sleep during sessions. Most enjoy the 1500 muscle contractions and the temperature of up to 44 degrees provided by the facial electrodes.

In some cases, we have combined WonderFace with other treatments like Botox or filler implants to optimize results.

The electrodes stimulate the facial lifting muscles, such as the frontalis, major and minor zygomaticus, and risorius muscles, improving the face contour and smoothing nasolabial folds and marionette lines. Additionally, the electrode covering the platysma area acts on the double chin, helping to evacuate retained fat accumulations and refine the jawline.

WonderFace naturally addresses the aging process, reducing wrinkles and increasing volume by modulating dermal collagen, offering an effective alternative for those who prefer to avoid more invasive options.

Since its introduction in our clinic, all patients have experienced tangible results immediately after the first or second treatment, with significant improvements in eyebrow lifting, skin texture, and reduction of nasolabial folds, also enhancing the jawline laxity and the overall quality of the skin.

Dra. Elizabeth García Bonome

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Education

- Doctor of Medicine (MD) – Universidad de La Habana, Cuba
- Specialist Training in:
 - Medicine and Cosmetic Surgery
 - Aesthetic Medicine
 - Nutrition and Dietetics
 - Gyneco-aesthetics

Memberships in Clinical and Professional Bodies

- Member, Sociedad Española de Láser Médico Quirúrgico (SELMQ)
- Member, Sociedad Española de Medicina y Cirugía Cosmética (SEMCC)
- Member, Sociedad Española de Nutrición (SEN)
- Member, Sociedad Española de Medicina Estética (SEME)
- Member, Asociación Medicina Estética de Madrid (AMEM)
- Member, Asociación Canaria de Medicina Estética (ACAME)
- Member, International Society of Hair Restoration Surgery (ISHRS)

Professional Experience

- Director Médico, Clínica Bonome (2002–present)
- Specialist in Hair Surgery and Aesthetic Medicine (2008–present)
- Expertise in hair transplants, facial fillers, botox, lipolaser, and vaginal rejuvenation

Dra. Elizabeth García Bonome is a licensed medical doctor with advanced training in aesthetic medicine, cosmetic surgery, nutrition, and gyneco-aesthetic procedures. She earned her medical degree from the University of Havana and has since pursued specialized education in minimally invasive aesthetic techniques and regenerative therapies. Her professional affiliations include multiple national and international medical societies dedicated to aesthetic medicine, surgical procedures, nutrition, and hair restoration. As the founder and medical director of a clinic in Santa Cruz de Tenerife, she has over two decades of experience in clinical practice, focusing on personalized treatments in hair surgery, facial rejuvenation, body contouring, and intimate wellness. Her approach combines scientific rigor with patient-centered care, and she is recognized for her contributions to advancing aesthetic medicine through continuous education and clinical excellence.